

Medium Term Plan: Supporting Implementation of LTP/Progression Grid

Subject: LKS2 Year A Net and wall

Key Concept- Concepts: Joy of movement, personal challenge, building resilience, Critical thinking and action
PoS aims from NC:

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect

Prior Learning (what pupils already know and can do)

: It is helpful if children have:

- developed basic racket skills. Most should be able to play cooperative rallies.
- learned what a net/wall game is and the type of tactics they have to use to play well
- learned about rules and how to apply them.

Long-term Learning (what pupils MUST know and remember) End Goals

Y3 skill

*Tap the ball off racquet (tapping it to the ground, tapping it up off the racket, tapping it up with one bounce etc).

*Tap the ball back and forth to partner.

*Stand in a ready position holding racquet correctly.

*Change from a ready position before tapping the ball to a partner.

*Begin to know what it means by a forehand and backhand position.

*Begin to attempt to serve the tennis ball straight from hands, sometimes using one bounce if needed.

Y4 skill

*Tap the ball back and forth to a partner over a small space.

*Begin to tap a ball over a net allowing for a bounce, hit technique.

*Move from a ready position into a forehand position/ backhand position quickly.

*Bring racquet to meet the ball for a forehand and backhand hit and know to use two hands for an effective backhand. *Move racquet in a low to high swing for an effective tap.

*Serve the ball straight from hands to racquet making sure it lands 'in' on the other side.

This unit lays the foundations for future net/wall games units, in which children will transfer their skills and tactics to games that involve using a range of equipment to strike a ball after it has bounced or on the volley. They will play games on bigger courts with higher nets, using balls that bounce higher and move faster, and will learn other net/wall games, eg badminton, squash and volleyball. They will also spend time developing effective serving techniques and tactics use forehand shots increasingly well in the games they play; ; use the skills they prefer with competence and consistency;; start to choose and use some tactics; play cooperatively with a partner; apply rules consistently and fairly; recognise how these games make their bodies work; pick out what they and others do well and suggest ideas for practices

Key Vocabulary

In this unit children will have an opportunity to use a range of words and phrases, such as:

- forehand, backhand, volley, overhead
- rally
- singles, doubles
- using width, using depth, changing direction, changing speed
- short tennis, badminton
- defending court, covering court and partner

Session 1

Skills: I can...

Take up a 'ready position' and move into good positions to strike a ball

Play a game of hand tennis trying to move my opponent around the court

Knowledge: I know...

What the ready position is

To try and get into the centre of the court after playing each shot

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Assessment: I can...

Link skills to perform actions and sequences of movement

Session 2

Skills: I can...

Hit consistent forehand returns

Get into consistently good positions to hit the ball after one bounce

Knowledge: I know...

To hit with a nice full backswing

To keep my head still and to try and hit with control

Assessment: I can...

Reflect and recognise success in myself and others

Session 3

Skills: I can...

Get into good positions to play backhand shots

Strike the ball on the backhand with some consistency

Knowledge: I know...

That I can play backhand with one hand or two, whichever feels more comfortable

Assessment: I can...

Understands what they need to do to be successful.

Session 4

Skills: I can...

Volley a ball on the forehand and backhand striking the ball downwards

Knowledge: I know...

To volley a ball by deflecting it downwards

Assessment: I can...

Link skills to perform actions and sequences of movement

Session 5

Skills: I can...

Serve from the baseline into my opponent's side of the court

Move into the correct position to play a variety of shots

Knowledge: I know...

The rules of tennis

How to score

Assessment: I can...

Reflect and recognise success in myself and others

Session 6

Skills: I can...

Use tactics against an opponent

Knowledge: I know...

My own and my opponent's strengths and weaknesses

Assessment: I can...

Understands what they need to do to be successful.

Future learning this content supports:

- This unit lays the foundations for future net/wall games units, in which children will transfer their skills and tactics to games that involve using a range of equipment to strike a ball after it has bounced or on the volley. They will play games on bigger courts with higher nets, using balls that bounce higher and move

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faster, and will learn other net/wall games, eg badminton, squash and volleyball. They will also spend time developing effective serving techniques and tactics.