## Medium Term Plan: Supporting Implementation of LTP/Progression Grid

Subject: Personal Development	Being Me	Year A: KS1
	-	usly revisited in a spiral curriculum using Jigsaw
-	-	in MPT's whilst revisiting in outline previously
taught objectives. For the purpose of t	his MTP we are emph	asising the following objectives that pupils
should be taught;		
RSHE Statutory Guidance;		
Online safety 4a-c,e		
Mental Health and Well-Being 6f		
Internet Safety 7a,c-d		
Physical Health 8a-d		
Healthy Eating 9a-c		
Drugs Alcohol & Tobacco 10a		
Health and Prevention 11b-f		
Non Statutory Guidance Citizenshi	in KS1	
Developing confidence and respon	•	the most of their abilities 12-e
Preparing to play an active role as		
Developing a healthier, safer life st		
Developing good relationships and		erence between people 4a-e
Breadth of opportunities 5 a-b, d-e		
Prior Learning (what pupils alread	•	
Know that there are rules in the classroom		
Know the terms right and Wrong		
Know about rewards in terms of stickers etc.		
Know that there are consequences in terms of unhappy and happy		
Know how to listen and turn take when talking Know what a verbal and non-verbal clue's when turn taking		
End Points (what pupils MUST kno		aking
Know what a responsibility means	w and remember)	
Know what a rule is and what a law	/ ic	
Know what a reward and a consequence is		
Know that their behaviour has an impact on others		
Know the word democracy and it means we can have different view points		
Know how to use the 4 rules of a co		
		at the beginning of each session. To be
revisited in following sessions;	,	
Rules, responsibility, consequences, rewards, choice, safe, contributions, racism, discrimination,		
opinion, viewpoint, valued	, , , -	
	ties: Understanding	grights and responsibilities as a class
member. Understand that their views are valued and they should value other people's views		
Taught Year A Being me lesson		
Session 2: Understanding that they make choices and they must accept the consequences of		
those choices rewards and feeling proud, considering consequences, having a happy and safe		
space to learn		
Taught Year A Being me Lesson plans units 1 &2		
Session 3: Can identify some of their hopes and fears, rights and responsibilities as a class and		
now a school member, learning how to valuing others contributions, express humility		
Taught Year A Being me Lesson	-	

**Session 4:** Understanding how my behaviour can impact on others. Recognise how they can make others feel. Can compare choices and recognise that my own choices can be better or worse than others.

## Taught Year A Being Me Lesson plans units 1 &2

**Session 5 British Values**; **Democracy**; Explore that we all are free to have our own view point and this is protected by UK law. In some countries this is not the case and so it is to be valued. Explore difference and similarity through lens of different viewpoints and opinions. We can have these, however if they are harmful to others we are protected by law; racism, discrimination etc. What is a rule what a law is? Explain why we have rules and laws; Describe different types of rules e.g. home rules, school rules and laws; Identify the advantages and disadvantages of having rules; What happens when rules and laws are broken

Vocabulary: Racism, discrimination, opinion, viewpoint, valued

**Session 6 Debate;** Children learn active listening, they are learning to refine when they can talk and when they must listen. They are learning about the rules of having and holding a conversation. They are learning about the 4 parts of a conversation. Small talk (pleasantries), fact/disclosure, giving a view point, talking about personal feelings. They are refining the vocabulary of turn taking.